



SAVING
LIVES
FIRST

Wellness Program Partners

Code 1 Wellness has a holistic approach for First Responders.

This type of treatment is unique to our organization and is currently the only treatment program in the nation with this type of exclusivity for first responders, veterans and their families.

We genuinely believe to be able to support and help individuals, there has to be recognition and understanding of the biological processes happening in the body, and that of foods and nutrients, and how they affect all aspects of an individual's life. Each program is specifically designed to meet the unique needs of our members. With a holistic approach, we consider the whole person – mind, body, and spirit.

Our wellness program includes:



Online Counseling,
Coaching & Therapy



Nutritional, Holistic
& Lifestyle Medicine



Integrative
Wellness Services*

Contact us

* Acupuncture, Message therapy,
Aromatherapy, Yoga and more.

Code1Wellness.org

(816) 372-2948

info@code1wellness.org